

# BREAKFAST MENU

Daily til 10:30 am, weekends til noon

## LIGHT STARTS

### Market Oatmeal **\$3.95**

Served with raisins, brown sugar, milk, handmade granola

### Oatmeal Trio **\$5.95**

Market oatmeal served with a side of toast and fresh cut fruit

### Mary's Granola & Berries **\$4.75**

Served with milk or yogurt and fresh seasonal berries

## BREAKFAST SPECIALTIES

### *New!* Spicy Chicken Francese **\$7.95**

Buffalo marinated chicken breast, fried egg, pico de gallo and Cheddar cheese on toasted Francese bread. Served with choice of roasted potatoes or fresh cut fruit.

### Potato Egg Burrito **\$7.95**

Diced potatoes, vegetables, eggs and Cheddar cheese wrapped in flour tortilla, served with pico de gallo and two strips of applewood smoked bacon

### *New!* Maple Mascarpone French Toast **\$6.50**

Sourdough French toast topped with powdered sugar, maple mascarpone butter and two strips of bacon

*Add fresh strawberries \$1*

### Swedish Pancakes **\$5.50**

Stack of three Swedish pancakes served with lingonberry butter and powdered sugar

*Add fresh strawberries \$1*

## *New!* BREAKFAST FLAT BREADS

*Hot and toasty breakfast sandwiches on our grilled handmade, whole wheat flat bread. Served with fresh fruit cup or roasted potatoes.*

### Bacon, Egg & Cheddar **\$7.95**

Crisp bacon, two scrambled eggs and Cheddar cheese

### Smoked Ham & Tomato **\$7.95**

Grilled smoked ham, sliced fresh tomatoes and cream cheese

### Grilled Veggie & Egg White **\$7.95**

Scrambled egg whites, grilled vegetables and feta cheese

## EGGS

*Served with fresh fruit cup or roasted potatoes*

### Mary's Favorite **\$5.95**

Two scrambled eggs with choice of toast

### CHIP Breakfast **\$7.50**

Homemade vegetable hash, eggbeaters and 7-grain toast

### Mary's Benedict **\$7.95**

Two poached eggs on grilled ham, fresh asparagus and grilled black pepper Parmesan bread, topped with hollandaise sauce

### Market Combo **\$7.50**

Two scrambled eggs with bacon or sausage and choice of toast

### Eggs Milan **\$7.95**

An Italian twist on Eggs Benedict. Grilled Francese bread rubbed with pesto, topped with grilled turkey breast, roasted red peppers, eggs over easy, white truffle aioli and scallions.

### Mary's Market Quiche **\$7.95**

Choose from Spinach or Quiche Loraine, served with a muffin or scone

## CATERING BY MARY'S MARKET

Handmade food with the freshest ingredients, from box lunches to weddings.

Ask us for a catering menu!

## OMELETTES

Three egg omelettes served with fresh fruit or roasted potatoes and choice of toast.

Add eggbeaters for \$.50 or egg whites for \$1.

### Tuscan Chicken \$7.95

Grilled chicken with artichoke hearts, fresh mozzarella, red onions and Parmesan cheese, topped with artichoke-tomato sauce

### Roasted Pepper, Brie and Mushroom \$7.95

Roasted peppers, mushrooms, Brie cheese and caramelized onions

### Bruschetta \$7.25

Bruschetta tomatoes with garlic, basil and Parmesan cheese

### Southwestern \$7.95

Ham, green peppers, onions and Cheddar cheese, served with pico de gallo and fresh cilantro

### Make-Your-Own

\$6.95 for two ingredients, \$.60 for each additional ingredient.

#### Choose from these ingredients:

Cheddar Cheese, Swiss Cheese, Feta Cheese, Mozzarella Cheese, Smoked Gouda, Havarti Dill Cheese, Chevre (Goat) Cheese, Bacon, Ham, Turkey, Pork Sausage, Grilled Chicken, Mushrooms, Grilled Vegetables, Artichoke Hearts, Asparagus, Green Peppers, Roasted Peppers, Onions, Tomatoes

## A LA CARTE

Two Scrambled Eggs \$1.95

Add \$1 per additional topping

Eggbeaters \$2.25

Three Egg Whites \$2.50

Applewood Smoked Bacon (4 strips) \$2.95

Pork Sausage Links (2) \$2.95

Side of Toast \$1.50

Fruit Cup \$1.75

Roasted Potatoes \$1.75

Vegetable Hash \$2.25

Swedish Pancake (1) \$2.25

## A ROCKFORD ORIGINAL

*Mary's Market is a fast and casual café that serves fresh, real food made from top quality ingredients by people who care.*

*Since 1982, we've built a reputation for serving wholesome, authentic and healthy cuisine in a relaxed and welcoming atmosphere at a value.*

*All our foods—our breads, desserts, soups, pasta sauces, sandwiches and salads—are handmade, prepared from scratch from the freshest, highest quality ingredients. No other restaurant of our kind, we're very proud to say, can claim that.*

*But then there is no other restaurant of our kind, one that combines cuisine worthy of a big city fine dining restaurant with fast casual pricing. We are, to put it succinctly, a Rockford original.*



Eat well. Live well.®



Heart-healthy, vegan entree